

South Central Pennsylvania Overeaters Anonymous Intergroup is sponsoring;

# Miracle on the Mountain

A Retreat located in  
Halifax, PA  
April 30—May 2, 2010



Includes 2 nights lodging and 5 abstinent meals

You and any OA friends are invited to join us at a location in the mountains of Central Pennsylvania for a weekend of abstinence, recovery, relaxation, fun and camaraderie. Buffet style dining will provide 5 abstinent meals (as per Basic Plan #1 in the *Dignity of Choice* pamphlet); dinner Friday, breakfast, lunch and dinner Saturday and breakfast Sunday morning. A menu will be sent to you before the retreat so that you may plan your meals. Registration begins at 4pm on Friday, April 30 followed by dinner and opening ceremonies. The rest of the weekend will be filled with your choice of activities, meetings, meditations, crafts and lots of get acquainted time. Motel style rooms sleep 3-4 people and will be assigned on a first come basis.

***Early Bird Reservation ~ \$180.00 MUST BE PAID IN FULL by December 21, 2009***

***Regular Reservation ~ \$195.00 MUST BE PAID IN FULL by March 19, 2010***

Make checks payable to SCPOAI

Send to: SCPOAI

P.O. Box 12184

Reading, PA 19612

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|                         |                      |               |        |
|-------------------------|----------------------|---------------|--------|
| Name:                   | (Circle One)         | Male          | Female |
| Address :               | City:                | State:        | Zip:   |
| E-Mail                  | Home Phone           | Cell Phone    |        |
| (Select One)            | Roommate Preference: | No Preference |        |
| (Roommate Names)        | 1,                   |               |        |
|                         | 2.                   |               |        |
|                         | 3.                   |               |        |
|                         | 4.                   |               |        |
| (Check desired payment) |                      |               |        |

\_\_\_\_\_ Early Bird Reservation (\$180.00 by December 21, 2009)

\_\_\_\_\_ Regular Reservation (\$195.00 by March 19, 2010)

(If you cannot attend, please find a replacement participant, same sex please – we cannot issue any refunds.)

(Event Contacts: Jen 484.269.2785 or Cathy 610.370.2134)