

Northern Virginia Intergroup of Overeaters Anonymous

invites you to

## A Weekend Big Book Study

Understanding the Big Book through the Lens of OA

A revealing and transforming study focusing on how the message in the Big Book applies and works as well for compulsive overeaters as it does for alcoholics. An OA member from Canada will lead us in actively working all 12 steps, including a 4th step inventory used by many in OA.

May 14, 15 & 16, 2010

INOVA  
ALEXANDRIA  
HOSPITAL  
AUDITORIUM

4320 Seminary Road

Alexandria, VA 22304

703.504.3000

### Workshop schedule

Friday registration - 6:00 p.m.

Friday event 6:30 p.m. - 9:30 p.m.

Saturday registration - 8:30 a.m.

Saturday event 9 a.m. - 5:00 p.m.

Sunday 9 a.m. - noon

**\$50 for the entire weekend workshop**

To pre-register send payment of \$50 and this form before May 1, 2010. You will receive confirmation by email.

Mail check or money order payable to the Northern VA IG and the form to: NOVA IG Treasurer : P.O. BOX 231 Catharpin, VA 20143-0231

\*\*\*SCHOLARSHIPS AVAILABLE!\*\*\*

Questions? Contact Karen T [taylorks@aol.com](mailto:taylorks@aol.com) 571.970.1260 or Maria at 301.275.7093 [loveyalady@yahoo.com](mailto:loveyalady@yahoo.com)

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ PHONE # \_\_\_\_\_