

NOVA Intergroup Dates to Remember	
June	
20-22 – DC/MD IG’s Wellspring Retreat – Germantown, MD	
21 – Intergroup Meeting	
July	
1-6 – NEA Outreach Booth – DC/MD IG -Washington, DC	
19 – Intergroup Meeting	
August	
15 – Intergroup Meeting	
23 – Manassas Health Fair – NoVA Outreach exhibit	
September	
20 – Intergroup Meeting	
26-28 – Central Virginia IG retreat – Richmond Hill, Richmond, VA	
October	
3-5 – Region 7 Fall Assembly in Rehoboth, DE	
18 – Intergroup Meeting – Nomination of Officers	
18 – Promises Meeting – evening (25 alt. date).	
November	
7-9 – Region 7 Convention in Ocean City, MD	
14-16 – HOW Retreat Bishop Claggett Center, near, Frederick, MD	
15 – Intergroup Meeting	
15 – International Day of Experiencing Abstinence (IDEA) Day	
December	
20 – Intergroup Meeting – Election of Officers	
January -09	
17 – Intergroup Meeting	
19 – OA’s Birthday - 49 years	
February	
21 – Intergroup Meeting	
28 – Unity Day	
March	
21 – Intergroup Meeting	
April	
3-5 – Region 7 Assembly	
18 – Intergroup Meeting	
May	
4-9 – World Service Business Conference – Albuquerque, NM	
16 – Intergroup Meeting	
June	
20 – Intergroup Meeting	

For more information on Intergroup and copies of event flyers visit:
<http://www.oanova.org/>