



**Northern Virginia Intergroup of
Overeaters Anonymous
invites you to join us for
A Big Book Study adapted for OA**



Open to anyone seeking a spiritual awakening as
Promised in the Big Book.

Held following Intergroup three consecutive months
Starting 15 March 2008.

Dates and Times

Saturday 15 March	Noon – 3:30pm
Saturday 19 April	Noon – 3:30pm
Saturday 17 May	Noon – 3:30pm

Please RSVP so we can ensure we have adequate
space and materials for each session.

Where

Hope Lutheran Church
4604 Ravensworth Rd
Annandale, VA

Suggested Donation: \$3 (If you can't pay, Don't stay away)

For more Info, to RSVP, or to volunteer for service, please contact:
Gail V.B. 703-754-1337 gailvb@comcast.net

Pertinent Notes:

- Attendees are welcome to bring a brown bag lunch if desired.
- Participants are encouraged (not required) to commit to all three sessions.
- It is suggested, though not required, that participants have a sponsor to work with during these sessions.
- Participants are asked to bring their own Big Book (third or fourth edition) along with pen and paper.
- Handouts will be available at each session or can be downloaded and printed from the resource library on the www.oanova.org website.