



# Twelfth Step Within Workshop

Keeping your program strong

Saturday, April 17, 2010

1 – 4 PM

- Help fellow OA members by practicing the 12<sup>th</sup> step
- Discover how others have recovered from relapse
- Renew your commitment with Recovery Insurance
- Offer encouragement and new perspectives to members returning after relapse
- Learn about sponsoring members through struggles
- Collect new tools to bolster your recovery
- Move forward in your recovery
- Keep your meeting(s) healthy and effective
- Enjoy a “Recovery Mystery” skit & discussion

Hope Lutheran Church  
4604 Ravensworth Rd  
Annandale, VA 22003

Suggested donation: \$3.00

For more information contact:

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Schedule for the day:

9 AM Monthly speakers meeting

10 AM Intergroup business meeting

12-1 PM Bring your own lunch for Fellowship time

1-4 PM Workshop

Sponsored by

Thursday Night Relapse/Recovery Tyson's Meeting and NOVA Intergroup